

Welcome to the **second edition** of our North of England newsletter. We will share news and updates every 2 months. Please contact any member of our team to share your news items and highlights too!

On behalf of Ruth Holt and all the Care Sector Leads we wish to extend our sincere appreciation to **all our colleagues** for working so tirelessly through the winter pressures, especially considering the particularly bad weather we had to endure. Because of your dedicated support and commitment residents, patients and citizens received the right care, where they wanted and needed to receive it. We just wanted to show that we care about you and say

Thank you!



The Care Home Live Bed State Portal was co-designed by NHS England (North) and North of England Commissioning Support (NECS) in 2017 to help maximise the appropriate use of bed capacity within the Independent Care Sector. It is a real-time digital solution for Care Home colleagues to input the type of spare bed capacity using a PC or mobile device, such as a smartphone or tablet. It helps Health Trusts & Local Authority (LA) colleagues identify care homes with vacancies suitable for the individual's needs within a minute, therefore increasing choice and improving the timeliness of transfer. Watch this space for new developments as we are planning to improve functionality of the Bed State Tool.

For more information please email gil.ramsden@nhs.net or stuart.flanagan1@nhs.net

Behind every Delayed Transfer of Care there is a person, in the wrong place at the wrong time

Better Care Fund and Newton Europe 2018



How to contact us

Our team of NHS England (North) Care Sector Leads support the Independent Care Sector and encourage quality improvement initiatives across the sector, preventing delayed transfers of care and improving the flow of care sector clients through hospital systems. You can contact any of us:

Lancashire & South Cumbria:

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Durham, Darlington, Easington, Sedgefield & Tees, Hambleton, Richmondshire & Whitby, Northumberland, Tyne and Wear and North Cumbria:

Ken Haggerty and Kathryn Dimmick k.haggerty@nhs.net & k.dimmick@nhs.net

Would you like to talk about supporting loving relationships in your care settings and care homes? Claire Bates would love to hear from you; contact her at:

<https://www.choicesupport.org.uk/index.php/our-work/supported-loving-campaign>

You can also follow us on Twitter
[#careandshare](https://twitter.com/careandshare)



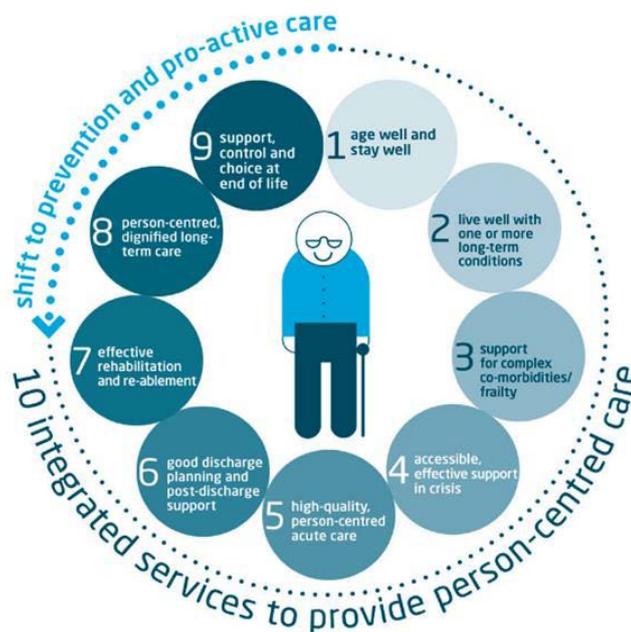
Why is our work so important?

“Mankind's greatest achievements have come about by talking and its greatest failures by not talking. It doesn't have to be like this.”

Stephen Hawking

We can't work alone, we need to work together

What can you do differently today to make a difference to those in your care so they don't need to go in to hospital at all?



Source: King's Fund (2014) & developed further in NHS England (2014) Safe, compassionate care for frail older people using an integrated care pathway: Practical guidance for commissioners, providers and nursing, medical and allied health professional leaders



NHS England (North) Independent Care Sector Board along with care organisation leaders, Public Health England and the Northern Academic Health Science Networks are working together to develop a strategic approach to reducing falls. A summit held in Harrogate on 13 March 2018 brought colleagues from the north of England together to share initiatives and **learning from existing falls programmes**; we will launch a multi-agency falls programme **building on existing good practice** in the next few months. Approximately 76,000 people per year fall in the UK; the most common injury occurring because of a fall is hip fracture, and half of people suffering a hip fracture never return to their previous level of independence. About 10% of fallers die within a month, and approximately 20% of people need additional support by living in a care home. **Will you join us and make a difference? Contact your Care Sector Lead now if you want to work with us** (our contact details are on the front page)

#EndPJparalysis 70 day challenge

17th April 2018 - 26th June 2018

“Time is the most important currency in healthcare”
Prof. Brian Doan

Did you know, 46% of people aged >85 die within 1 year of admission to Hospital? (Clark et al 2014)

Deconditioning in hospitalised older patients, can cause serious harm

Aiming for 1 million patient days dressed in own clothes & moving in 70 days. Let's help our patients get home back to loved ones

If you had 1000 days left, how many would you want to spend in Hospital? That's why **EVERY DAY** matters

FACT: Reduces mobility
FACT: Loss in strength
FACT: Loss of independence
FACT: Longer stay in Hospital

Are you ready for a challenge?

Join the NHS-wide 70 day challenge to achieve one million patient days of relevant patients being up, dressed and mobilising. To find out more visit www.endPJparalysis.com

#careandshare



Digital capabilities of the adult social care workforce

We recently conducted a survey of staff and managers. These are some of the results.

Perception of skills

- Staff have confidence in their own basic online skills with over 90% feeling confident or very confident.
- But 52% of managers feel staff do not have sufficient basic online skills



95% of digital tech #careandshare
one work related activity



45% have a tablet device at home compared with 8% having a work tablet. 9% use their personal tablet for work.

Managers and most staff see the benefits of digital technology in:

- Improving efficiency
- Improving the quality of care services
- Offering benefits to people they support

What is digital technology used for?

- 75% Use digital technology to record/manage delivery of care
- 50% Use digital technology with people they support



What stops the use of digital technology?

Managers:

- Staff access to digital technology
- Lack of workforce development in this area
- Concerns about online security
- Fast pace of change in this area

Staff

- Concerns from a small minority that they would spend less time with the people they support
- A small proportion were concerned about online security



74% of staff have a personal smartphone.

20% of staff use their personal phone for work purposes.



Attitudes to using digital technology

- Staff are keen to use digital technology
- 60% of managers encourage staff to think about digital technology in all they do

What current learning opportunities are there for digital technology?

Staff have had the following regularly or occasionally:

Coaching / help from peers	78%
Formal IT training	78%
Self guided learning	69%
Accredited qualifications	32%
External guidance	47%

For more information or to download the full report visit www.skillsforcare.org.uk/research

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